

## **REGULATIONS**

### **INLINE CHAMPIONSHIP VIRU RULL**

#### **ORGANIZATION & OBJECTIVE:**

The Viru Rull is organized by NGO Rakvere Bont Rullisuklubi, with the help of sponsors and supporters.

The event aims to popularize inline skating among children, amateurs and athletes.

#### **TIME & VENUE:**

The Viru Rull is held on **27.08.2023**, and the program begins at **09:00** at **Tamsalu roller track**.

#### **PROGRAM:**

**09.00** competition centre opens (start numbers handed out, last-minute registration). Last-minute registration ends at **10:00**.

**11.00** start of PISIRULL 180 m (1 lap)

**11.15** start of MINIRULL 1,2 km ( 2 middle lap)

**11.40** start of LASTERULL 4 km (4 big lap)

**12.10** start of JUUNIORITE RULL 8,6 km (9 big lap)

**13.00** start of PÕHIKLASS (PRO) RULL 8,6 km (9 big lap)

**13.40** start of RAHVARULL 8,6 km (9 big lap)

**14.20** start of VETERANIDE RULL 8,6 km (9 big lap)

**15.30** award ceremony

**NB! Start times are subject to change, depending on the number of participants.**

#### **RACE COURSE:**

The race course follows the 1 km cycle. „Pisirulli“ skaters ride one smaller (180 meter long) lap. There are no ups and downs. „Minirulli“ skaters ride 2 laps (about 520 m). There are no dangerous ascents and descents. The course for the rest of the competition classes runs along a large circle (1 big climb and 2 big descents). „Lasterulli“ skaters ride 4 laps and adults 9 laps.

**NB! ALL COMPETITORS COUNT THEIR LAPS THEMSELVES!**

#### **DISTANCES:**

Only roller skates are allowed to ride the distances! The use of any kind of aids, e.g. ski poles, physical aid, etc., is not allowed, otherwise the competitor will be disqualified.

COMPETITION CLASS	AGE GROUP	DISTANCE
Pisirull	children aged up to 6	180 m
Minirull	children 7-10 a.	1,2 km
Lasterull	children 11-13 a.	4 km
Juuniorid	young people 14-18 a.	8,6 km
Põhiklass (PRO)	age 19-39	8,6 km

Rahvarull	age 19 and older	8,6 km
Veterandi I	age 40-59	8,6 km
Veteranid II	age from 60	8,6 km

### **ELIGIBILITY TO COMPETE:**

#### **NB! You can compete only in one distance!**

Participants are eligible to compete after registering for the competition and paying the registration fee (payment in cash on the day of the race). Everyone participates completely at their own risk. Wearing a protective helmet is mandatory. Skaters without helmets will be disqualified. Additional protection gear (for wrists, knees, arms, etc.) is recommended.

### **AGE GROUPS:**

DISTANCE and AGE GROUP	DATE OF BIRTH
<b>PISIRULL</b>	
children aged up to 6	born in 2017 and later
<b>MINIRULL</b>	
children 7-10 a.	2013 - 2016
<b>LASTERULL</b>	
children 11-13 a.	2010 - 2012
<b>JUUNIORID</b>	
young people 14-18 a.	2005 - 2009
<b>PÕHIKLASS (PRO)</b>	
age 19-39	1984 - 2004
<b>RAHVARULL</b>	
age 19 and older	2004 - ...
<b>VETERANID</b>	
age 40-59	1983 - 1964
age from 60	1963 - ...

\* **Põhiklass PRO** (*Main Class PRO*) – PROFESSIONAL skaters. Skates' wheel diameter 110 mm or more. This category pertains to skaters who have actively participated at inline skating contests and regard themselves to be professional skaters.

\* **RAHVARULL** – AMATEUR skaters. This category pertains to all skaters who might not be professional inline skaters, but wish to race for their own pleasure, reach their own personal goals, and to compete with friends or other participants.

**NB! Competition classes basis of the year of birth, i.e. the competitor only competes in his own age group.**

### **STARTS (NUMBERS):**

Each skater must start with the start number issued to them by the race centre. The organiser is entitled to change the starting order. Individual starts are signalled with a 15-seconds' interval. Except for Pisi- and Minirulli skaters who start from the massstart.

**NB! Participants must be present at the startline at least 10 minutes before the start of their race class.**

**REGISTRATION AND RE-REGISTRATION:**

Pre-registration takes place <https://my.raceresult.com/> and end **24.08.2023 22.00**. Registration at the race centre ends at **10:00** on the day of the race. No re-registration! Skaters who started under a wrong name or start number are disqualified.

**PARTICIPATION FEES:**

DISTANTS	
Pisirull	FREE!
Minirull	FREE!
Lasterull Juuniorite rull	10 EUR
Põhiklassi (PRO) Rahvarull Veteranide rull	15 EUR

**Participation fee includes:** marked race course, start numbers, timekeeping (provided that the starting number is properly attached during the entire race, from start to finish), awarding, personal diploma for participants with a result, luggage storage, and, if necessary, medical aid.

The participant agrees that the participation fee is not refunded in the event that they do not start the race or if the event is cancelled due to a cause beyond the organisers' reasonable control.

**NB! PAYMENT IN CASH ON THE DAY OF THE COMPETITION!**

**START MATERIALS:**

Start materials are handed out at the race centre on the day of the race during **09:00 – 13:00**. Registration is at the competition center.

**RESULTS (TIMEKEEPING FOR GETTING A RESULT):**

ANTROTSENTER OÜ takes care of timekeeping. In order to get a result in the finish protocol, the starting number (shirt and chip) must be wear properly during the entire race, from start to finish. Preliminary results will be published on the information board of the competition center. Official results will be published during the days after the race on the Rakvere Bont Rullisuklubi website at [www.rullisuklubi.eu](http://www.rullisuklubi.eu).

**AWARDING:**

Award ceremony is held after the race. Every Pisirulli and Minirulli skater will get a diploma and a little sweet treat. In the Lasterulli and Juuniorite rull classes, three fastest boys and girls will be awarded. In the Põhiklassi (PRO), Rahvarulli and Veteranide rulli classes, three fastest men and women will be awarded. Prizes will be issued by different cooperation partners and sponsors.

Lääne-Virumaa Championship medals will be awarded in the following age classes: children, juniors, adults and veterans. The top three girls / women and boys / men in each age class shall receive a medal.

In the adult class, the best Põhiklass (PRO) and Rahvarull participants shall equally receive a medal. The prerequisite for winning a medal in the Lääne-Virumaa Championship is that the person's registered place of residence is in the Lääne-Viru County.

### **PROTESTS:**

Protests concerning the race results, breaching the regulations, etc., must be presented in writing to the Race Commissaire at the race secretariat. The letter of protest can be filed until the last start is closed. The cost of a protest is 20 €, which will be refunded only when the protest has been met. All protests concerning the race shall be solved by the race management committee.

### **SAFETY & RESPONSIBILITY:**

All skaters must wear a helmet. Skaters without helmets will not be allowed on the track and shall be disqualified. Additional protection gear (for wrists, knees, arms, etc.) is recommended.

All skaters are responsible for their personal safety. Participants may not expose other skaters to danger. All minors (younger than 18) shall participate at the responsibility of a parent, guardian or coach.

In rainy conditions or if the track is wet, the children and kids' race will be cancelled for safety reasons.

If needed, medical aid shall be provided by qualified medical staff.

### **MEDICAL STAFF:**

Medical aid shall be provided during the race by qualified medical staff. Information about those in need of help must be forwarded to the competition center or call 112!

### **LOST & FOUND:**

Please bring found things to the secretariat! Lost and found things will be available from the secretariat and/or contacting the Rakvere Bont Rullisuklubi during two weeks after the race day.

**By registering for the Viru Rull, the participant confirms that they accept the present regulations and gives their permission to use the recorded photo and video material (which might depict the participant) for the promotion of the event.**

Questions not covered by the present regulations shall be solved by the race management committee and/or Race Commissaire.

**The head of the Viru Rull management committee and race commissaire is Reet Kruusmann.**

**CONTACT INFORMATION:** Rakvere Bont Rullisuklubi – by email [info@rullisuklubi.eu](mailto:info@rullisuklubi.eu) or by phone +372 56490181.