

## **REGULATIONS INLINE CHAMPIONSHIP VIRU RULL**

### **ORGANIZATION & OBJECTIVE:**

The Viru Rull is organized by NGO Rakvere Bont Rullisuklubi, with the help of sponsors and supporters.

The event aims to popularize inline skating among children, amateurs and athletes.

### **TIME & VENUE:**

The Viru Rull is held on **May 11<sup>th</sup>, 2019**, and the program begins at **12:30** next to the Bauhof store in Rakvere (Ringtee 2, Rakvere).

### **PROGRAM:**

**12.30** competition centre opens (start numbers handed out, last-minute registration). Last-minute registration ends at **13:30**.

**14.30** Start of MINIRULL

**15.00** Start of LASTERULL

**15.15** Start of JUUNIORITE RULL

**15.30** Start of PÕHIKLASS (PRO) RULL

**15.45** Start of RAHVARULL

**16.00** Start of VETERANIDE RULL

**17.00** Award ceremony

**NB!** Start times are subject to change, depending on the number of participants.

### **TIMETABLE – BUSES TO START CORRIDOR:**

All buses that transport participants to the Start corridor stop next to the Bauhof store in Rakvere (Ringtee 2). More experienced participants may skate to the Start corridor by themselves, but may not disturb other skaters / younger contestants on the track, and must make way to those already competing.

MINIRULL and LASTERULL – at **14:15**

JUUNIORITE RULL and PÕHIKLASS (PRO) RULL – at **14:45**

PÕHIKLASS (HAR) RULL and VETERANIDE RULL – at **15:15**

### **RACE COURSE:**

The race course follows the Pajusti-Piira-Tõrma-Rakvere cycle and pedestrian track, and has no U-turns. The course has one larger climb, but no dangerous downhill sections. In three points, the course crosses state highways, and these places are regulated by traffic controllers. Participants must adhere to the traffic controllers' signals and course markers. If this requirement is breached, the commissioners are entitled to disqualify the participant.

**DISTANCES:**

DISTANCE	AGE	MILEAGE
Minirull	Children up to 8 years	1 km
Lasterull	Preteens up to 13 years	2.5 km
Juuniorite rull	Teenagers up to 18 years	9 km
Põhiklass(PRO) rull	Adults (19-39 years)	9 km
Rahvarull	Adults (19...)	9 km
Veteranide rull I	Persons aged 40 - 59	9 km
Veteranide rull II	Persons aged 60...	9 km

**WARM-UP AREA:**

There is a 200 m warm-up area for the 9 km distance – the cycle and pedestrian track in front of Vinni community office (Pajusti).

**ELIGIBILITY TO COMPETE:**

Participants are eligible to compete after registering for the competition and paying the registration fee. Everyone participates completely at their own risk. Wearing a protective helmet is mandatory. Skaters without helmets will be disqualified. Additional protection gear (for wrists, knees, arms, etc.) is recommended.

**AGE GROUPS:**

DISTANCE AND AGE GROUP	YEAR OF BIRTH
<b>MINIRULL</b>	
Boys and girls aged up to 8	Born in 2011 or later
<b>LASTERULL</b>	
Boys and girls aged up to 13	Born in 2006 or later
<b>JUUNIORITE RULL</b>	
Young men and ladies aged up to 18	Born in 2005 – 2001
<b>PÕHIKLASS(PRO) RULL</b>	
Men and women aged from 19 to 39	Born in 2000 – 1980
<b>RAHVARULL</b>	
Men and women aged from 19...	Born 2000-.....
<b>VETERANIDE RULL</b>	
I Men and women aged 40 - 59	Born in 1979 - 1960
II Men and women aged 60 or older	Born in 1959 or earlier

9 km distance is open for all skaters born in 2005 or earlier, who are adequately trained for passing the distance.

By way of exception, also younger participants shall be allowed to race in the 9 km distance – provided that they race together with a parent and are at the parent's responsibility.

\* **Põhiklass PRO** (*Main Class PRO*) – PROFESSIONAL skaters. Skates' wheel diameter 100 mm or more. This category pertains to skaters who have actively participated at inline skating contests and regard themselves to be professional skaters.

\* **RAHVARULL** – AMATEUR skaters. This category pertains to all skaters who might not be professional inline skaters, but wish to race for their own pleasure, reach their own personal goals, and to compete with friends or other participants.

### **STARTS (NUMBERS):**

Each skater must start with the start number issued to them by the race centre. The organiser is entitled to change the starting order.

Individual starts are signalled with a 15-seconds' interval. **PÕHIKLASS(PRO) and JUUNIORID 30 seconds interval.**

Minirull participants start at Lepna roundabout and race without timekeeping.

Lasterull participants start at Tõrma roundabout.

Juniors, main classes and veterans start from Pajusti, in front of the Vinni community office.

**NB!** Participants must be present at the startline at least 10 minutes before the start of their race class.

### **REGISTRATION AND RE-REGISTRATION:**

Pre-registration takes place at the Rakvere Bont Rulluisuklubi website [www.rulluisuklubi.eu](http://www.rulluisuklubi.eu). Pre-registration ends on **08.05.2019 at 22:00.**

Registration at the race centre ends at **13:30** on the day of the race.

No re-registration!

Skaters who started under a wrong name or start number are disqualified.

<b>DISTANCE</b>	<b>PRE-REGISTRATION</b>	<b>RACE DAY</b>
Minirull	FREE!	FREE!
Lasterull Juuniorite rull	5 EUR	10 EUR
Põhiklassi (PRO and HAR) rull Veteranide rull	10 EUR	20 EUR

Participation fee includes: marked race course, start numbers, timekeeping (provided that the starting number is properly attached during the entire race, from start to finish), awarding, personal diploma for participants with a result, luggage storage, and, if necessary, medical aid. The participant agrees that the participation fee is not refunded in the event that they do not start the race or if the event is cancelled due to a cause beyond the organisers' reasonable control.

**START MATERIALS:**

Start materials are handed out at the race centre on the day of the race during **12:30 – 13:30**. The race centre is located at the grounds next to the Bauhof store in Rakvere (Ringtee 2).

**RESULTS (TIMEKEEPING FOR GETTING A RESULT):**

Nelson Timing OÜ takes care of timekeeping. In order to get a result in the finish protocol, the starting number must be properly attached during the entire race, from start to finish.

**Competitors must attach the number sticker given from the race centre on the left side of their helmet.** In case the number is lost, the Race Secretary must be immediately informed.

Unofficial and preliminary results are disclosed and constantly updated on the information board in the finish area. Official results will be published during the days after the race on the Rakvere Bont Rulluisuklubi website at [www.rulluisuklubi.eu](http://www.rulluisuklubi.eu).

**AWARDING:**

Award ceremony is held after the race. Every Minirull skater will get a diploma and a little sweet treat. In the Lasterull and Juuniorite rull classes, three fastest boys and girls will be awarded. In the Põhiklass (PRO), Rahvarull and Veteranide rull classes, three fastest men and women will be awarded. Prizes will be issued by different cooperation partners and sponsors.

Lääne-Virumaa Championship medals will be awarded in the following age classes: children, juniors, adults and veterans. The top three girls / women and boys / men in each age class shall receive a medal.

In the adult class, the best Põhiklass (PRO) and Rahvarull participants shall equally receive a medal. The prerequisite for winning a medal in the Lääne-Virumaa Championship is that the person's registered place of residence is in the Lääne-Viru County.

**PROTESTS:**

Protests concerning the race results, breaching the regulations, etc., must be presented in writing to the Race Commissaire at the race secretariat. The letter of protest can be filed until the last start is closed. The cost of a protest is 20 €, which will be refunded only when the protest has been met. All protests concerning the race shall be solved by the race management committee.

**SAFETY & RESPONSIBILITY:**

- \* All skaters must wear a helmet. Skaters without helmets will not be allowed on the track and shall be disqualified. Additional protection gear (for wrists, knees, arms, etc.) is recommended.
- \* All skaters are responsible for their personal safety. Participants may not expose other skaters to danger. All minors (younger than 18) shall participate at the responsibility of a parent, guardian or coach.
- \* In rainy conditions or if the track is wet, the children and kids' race will be cancelled for safety reasons.
- \* In the race area, the skaters must adhere to the traffic regulations, road signs, traffic controllers' signals, and the requirements herein.
- \* If needed, medical aid shall be provided by qualified medical staff.

\* The skater is responsible for keeping the start number from its' reception until it is collected after the race.

**MEDICAL STAFF:**

Medical aid shall be provided during the race by qualified medical staff. If you see someone in trouble on the course, immediately inform either the traffic controllers, track security (in yellow vests), or call 112!

**LOST & FOUND:**

Please bring found things to the secretariat at the Finish! Lost and found things will be available from the secretariat at the Finish, and/or contacting the Rakvere Bont Rulluisuklubi during two weeks after the race day.

By registering for the Viru Rull, the participant confirms that they accept the present regulations and gives their permission to use the recorded photo and video material (which might depict the participant) for the promotion of the event. Questions not covered by the present regulations shall be solved by the race management committee and/or Race Commissaire.

**The head of the Viru Rull management committee is Reet Kruusmann. Race Commissaire: Alar Ivanov.**

**CONTACT INFORMATION:** Rakvere Bont Rulluisuklubi – by email [info@rulluisuklubi.eu](mailto:info@rulluisuklubi.eu) or by phone +372 56490181.